



Boudoir Photography Tips and Advice

I want you to look and feel your best on your special day so here are some helpful tips to keep in mind:

- Do have lingerie that fits you properly and don't wait until last minute if shopping for new items
- Do wear matching nail polish on fingers and toes or clear. If possible get a pedicure and manicure
- Do moisturise your skin in the morning
- Do bring a few outfits to be photographed in as well as extra stockings in case of runs.
- Do bring sexy high heels, thigh high boots, also look awesome.
- Do shave legs, underarms etc. the night before. If you are waxing do so at least 48 hours in advance.
- Do bring husband/husband to be/partners shirt and tie, guitar, helmet, jacket etc. be creative
- Do bring enough outfits for your session it is better to have more than less.
- Do bring some fun items if you wish like roller boots, funky hats, unique clothing or furry stuff!
- Do stretch before you come to the session. Boudoir photography is a like a work out, it's all about posture and to get the images/poses that look good can feel a little uncomfortable.
- Don't drink too much alcohol the night before your shoot it's dehydrating and will show in your skin.
- Don't wear tight fitting clothes to attend the session as they can leave mark on the skin and can take hours to disappear. (Including watches, tight waistbands etc.)
- Don't be nervous or stressed, (extremely important for great pictures), and have a blast.

Any materials with texture like fishnets, fur, latex and animal print photograph really well.

Additional Helpful Tips

- ✓ Remove price tags/stickers from bottom of shoes and lingerie
- ✓ If your loved one is man in uniform bring his hat or shirt to make the images special to you
- ✓ Fishnet pantyhose with large diamonds are slimming on larger legs
- ✓ If you don't like your arms or shoulders try bringing a robe or an off the shoulder sweater
- ✓ Hats and animal photography well and can make your images look extra sexy bring them along
- ✓ Shoes can lengthen legs especially nude shoes with nude stockings and black shoes with black stockings. A thinner heel and sole will lead to a slimmer overall look. Avoid clunky heels and straps.
- ✓ Necklaces trim neck size and chest. Long necklace elongate your look especially when paired with a v neck top or bra.
- ✓ Buckle up for slender success! A large buckle in the middle of your belt can further define your waist. Avoid small buckles, which create the opposite effect.
- ✓ Earring can elongate your face. Long teardrop-shaped earring lengthens your face pearls are perfect in this style.
- ✓ Scarves have skinny power. Colourful scarves around your neck draw attention to your face and hide double chins.
- ✓ Make up to make your face look thinner. Apply a light layer of bronzer around your chin, temples and below your cheekbones to contour your face.
- ✓ Brace yourself for the trimming effects of bracelets. Multiples bracelets in bright colours draw positive attention and hide thick wrists.
- ✓ Stockings and pantyhose's create lean legs. Dark coloured pantyhose slims legs especially when the rest of your outfit is the same colour.

